**CURRICULUM VITAE**

**DR. LORRAINE CHAMPAIGNE**

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## PROFESSIONAL STANDING

Member of the College of Psychologists of Ontario: Registration Number 3748

**ACADEMIC RECORD**

University of Ottawa: **Doctorate in Clinical Psychology**, 2000

Central Michigan University: **Master of Arts**, 1985

Laurentian University: **Honours Bachelor of Arts (Psychology)**, 1978

**PROFESSIONAL MEMBERSHIPS**

College of Psychologists of Ontario

Ontario Psychological Association (OPA)

American Psychological Association (APA)

American Association of Psychophysiological Biofeedback (AAPB)

Learning Disabilities Association of Ontario (LDAO)

International Society for Neurofeedback & Research (ISNR)

Ontario Brain Injury Association (OBIA)

Ontario Hypnosis Society

**LANGUAGES**: Full psychological services provided in both English and French.

**CLINICAL WORK EXPERIENCE**

* **PSYCHOLOGIST: Champaigne Klassen Psychology Professional Corporation:** 213 Pine Street, Sudbury, Ontario, P3C 1X4.

I have been a managing partner since September, 2002 in an active and diverse private practice in which we offer bilingual community based rehabilitation therapy programming for individuals of all ages with an acquired brain injury. This involves consultation and working with multiple-disciplines and the coordination and supervision of services with our clinical team of psychometrists, rehabilitation therapists and assistants, biofeedback and neurofeedback therapists, academic and cognitive remediation specialists, and behavioural therapists. I provide bilingual services including psychological assessment, consultation, and treatment for a range of adjustment, rehabilitation, vocational, learning, behavioural, emotional, and relationship difficulties involving children, adolescents and adults as well as couples and families.

# CLINICIAN and PSYCHOLOGIST: Bassis Carter Counselling: 130 Paris St., Suite 100, Sudbury - 1996 to 2002

I worked as a Clinician for 8 years (1994-1996) and from February 2001 to June 2002 as a Psychologist under Supervised Practice as per the requirements of the Ontario College of Psychologists.

Responsibilities:

• Providing a complete range of bilingual psychological services in a divers and busy practice

* Psychological services to self referred individuals, insurance referred clients and employee assistance programs. This included the assessment and treatment of adults, children, adolescents, couples and families
* Providing psychological, vocational, rehabilitation, and learning disability assessments
* Treatment of various health related problems including pain and head injury related difficulties using a comprehensive model of psychotherapy, hypnosis, biofeedback and neurofeedback
* Extensive treatment of significant health and injury adjustment issues including Post Traumatic Stress Disorder.
* Assessment, treatment and consultation services to various rehabilitation services, children’s mental health services, colleges, correctional institutions, university, Children’s Aid Societies and legal representatives.
* **PSYCHOLOGY DOCTORAL INTERNSHIP**: Bassis Carter Counselling, 51 Elm St., Sudbury - 1994 - 1996: Under the supervision of Dr. E. Bassis, Ph.D. (1750 hours) and co-supervised by Dr. D. Lapalme, Ph.D. (250 hours).

**Responsibilities:**

* Provided a complete range of psychological services within a private practice setting throughout a 2000 hour internship
* Provided psychological services which include the assessment and treatment of individual adults and children, couples, and families with a wide range of presenting problems
* Provided psychological, vocational, rehabilitation, forensic, and learning disability assessments
* Treatment of pain and head injury related disorders using a comprehensive model of treatment which includes psychotherapy, hypnosis, and biofeedback
* Treatment of federal parolees for Corrections Canada
* Treatment of adults with psychosocial and emotional difficulties through Vocational Rehabilitation Services (VRS) (Provincial government program) preparing clients for entry into work force
* Provided consultation services
* **PSYCHOLOGY DOCTORAL INTERNSHIP**: Sudbury Board of Education, Mackenzie Street, Sudbury – 1996 : Howard Shecter, Supervising Psychologist

**Responsibilities:**

* provided full psychological services within elementary and secondary school settings.
* **CLINICIAN**, Child and Family Centre/Centre de l'enfant et de la famille, Francophone Team, Sudbury, Ontario - 1990 to 1996.

**Responsibilities**:

* Provided complete bilingual psychological services to children, adolescents, and families experiencing socio-affective, emotional, cognitive, and behavioural problems within a context of sensitivity to linguistic and cultural needs. This is a bilingual (French-English) clinic, with the primary focus being service to the Francophone population
* Intake and crisis intervention
* Psychological-Educational, Learning Disability Assessments
* Consultation for neuropsychological assessment needs and program development for treatment following assessments
* Consultation and assessment of children in a section 27 classroom (emotional, cognitive, and behavioural disorders) for children from the separate and public French school boards
* Consultation responsibilities to secondary schools
* **CLINICIAN**, Children's Mental Health Centre (English team), Sudbury Algoma Hospital, 680 Kirkwood Drive, Sudbury, Ontario - 1987 to 1990.

**Responsibilities:**

* Provided bilingual psychological services to children, adolescents and families experiencing socio-affective, emotional, cognitive, and behavioral problems
* Intake and crisis intervention
* Performed psychometric functions: Developmental, personality, intellectual, cognitive, learning disability and academic assessments and neuro-psychological screening as consultation to colleagues
* Provided play assessments and therapy
* Provided individual, marital and family therapies within a systemic therapeutic framework
* Contributed to the evaluation and education of colleagues and students on placement
* Participated in the development and running of a research project designed to provide a treatment model of service delivery for chronic clients
* Supervised by Edward Bassis and John Racinskas, registered psychologists, and Bertholde Carter, M.S.W., registered member of the Ontario Association of Marriage and Family therapists (O.A.M.F.T.).
* **PSYCHOMETRIST** Private contracts with Rainbow District School Board (French section), Sudbury, supervised by psychologists, Dr. M. Miljkovitch and Dr. E. Bassis, C. Psych., Sudbury, Ontario - 1986 - 1990

**Responsibilities:**

* Provided bilingual psychological assessments which included personality, intellectual, academic, learning, vocational and rehabilitation components.
* **PSYCHOMETRIST**, Regional Children's Psychiatric Centre, Sudbury Algoma Hospital, Sudbury, Ontario - 1983 -1987

**Responsibilities:**

* This was an in-patient centre services the North Eastern Ontario catchment area for children and adolescents. There was a high percentage of both Native and Francophone populations from local and remote areas
* Performed psychological assessments: developmental, personality, academic, intellectual, neuro-psychological screening, family, and learning disability assessments in keeping with sensitivity to both cultural and linguistic influences
* Developed a screening system for all children and adolescents who were admitted to the service
* Provided extensive play therapy treatment
* Held a consultation role in a multi-discipline team to local and regional agencies, clinics, professionals and to the hospital’s residential school
* Supervised by Drs. Richard Kaley and Anthony Miller, registered psychologists.
* **PSYCHOMETRIST**, Sudbury Algoma Hospital, Sudbury, Ontario – 1982 -1983.

**Responsibilities:**

* Under the supervision of Dr. Thomas Blakely, neuropsychologist, conducted neuropsychological assessments of children, adolescents and adults with a wide range of problems.
* **LECTURER**, Laurentian University, Sudbury, Ontario. 1983 - 1985

**Responsibilities:**

* Taught units of a fourth year clinical psychology course.
* **CHILD AND YOUTH WORKER**, Regional Children's Psychiatric Centre, Sudbury Algoma Hospital, Sudbury, Ontario- 1980 - 1982

**Responsibilities:**

* In-patient work with children and adolescents ranging from ages of 2 to 18 years, who were experiencing physical, social, emotional, learning or behaviour difficulties; treatment followed a milieu therapy model incorporating learning and cognitive theories to counselling and daily activities
* Member of a multi-disciplinary team
* Provided group therapy
* Provided milieu therapy within a camp environment.
* **INSTRUCTOR**, Cambrian College, Sudbury, Ontario -1979 - 1980.

**Responsibilities:**

* Developed curriculum and carried out instruction of Introduction to Psychology course;
* Taught the BLADE (Basic Literacy for Adult Development) program to illiterate and learning disabled adults.
* **TEACHING ASSISTANT**, to Dr. M. Miljkovitch C. Psych., Abnormal Psychology, Laurentian University, Sudbury, Ontario. 1977 - 1978.

**Responsibilities:**

* Research assistant in the subject areas of children's drawings, postpartum disorder, and the Rorschach projective test.

**PUBLICATIONS and RESEARCH**

Champaigne, L.A. (2000). The role of marital distress, parental and child depression, family functioning and health care behaviours in treatment adherence and metabolic control among adolescents with diabetes. University of Ottawa doctoral dissertation.

Blakely, T.A., Crinella, F.C., Fisher, T.D., Champaigne, L.A., & Beck, F.W. (1994). Neuropsychological correlates of academic deficiency: Subtype Identification by the tryon clustering method. Journal of Developmental and Physical Disabilities, 6(1), 1-22.

Blakely, T., & Champaigne, L. (1982). Neuropsychological findings in Fragile X-linked mental retardation: Identical findings in two brothers. Psychology in the North.

Champaigne, L.A. (1978). The effects of Delayed auditory Feedback on stuttering. Unpublished Honours thesis.

**AREAS OF TRAINING AND EXPERIENCE**

**MARITAL AND FAMILY THERAPY**

* Received extensive advanced training, supervision and academic formation in family therapy at the doctoral level
* 2000 hour supervised internship in private practice and school settings
* Received clinical supervision by a registered psychologist and by a M.S.W., registered member of Ontario Association of Marriage and Family therapists (O.A.M.F.T.) since 1987
* Provided marital and family therapy within a private practice setting since 1994 and within the context of a child centred service since 1989
* Experience integrating psychological and neuropsychological assessments into therapeutic interventions
* Emotion Focused Couple Therapy, Fall Institute with Leslie Greenberg, York University, (1999)
* Extensive on-going literature reviewed in the areas of: acquired brain injury, cognitive retraining, family functioning, conduct and oppositional disorders, anxiety, depression, diabetes, adherence to treatment, attention deficit disorder, trauma and therapy and the effect on adjustment, bilingualism and learning, marital therapy, strategic therapy, systems theory in family therapy, the assessment and treatment of adult and juvenile sex offenders, biofeedback, and EEG neurofeedback, school refusal, multiculturalism, eating disorders, ethical dilemmas in psychology, drawings as therapy and assessment tools, the effects of maternal depression and conflict on children, marital distress, hypnosis, learning disabilities, pain and chronic pain management, rehabilitation, post-traumatic stress disorder, psychosomatic and chronic illness. Brain Injury Family Intervention (BIFI)-Adolescent Version, Holland Bloorview, (2010)

**PSYCHOMETRIC ASSESSMENT**

* Experience since 1982 in performing psychological assessments which involve personality, intellectual, developmental, learning disability, neuropsychological, family functioning, marital functioning, vocational and rehabilitation components
* Specialized training in the Rorschach Projective test, Exner model 1986 and 1989
* Drawings as a diagnostic tool in assessment and therapy
* Psychological services supervised by seven Registered Psychologists since 1982
* Psychometric assessment experience since 1982 with all developmental ages (child, adolescent, adult, geriatric)
* Doctoral level academic formation and practicum training as well as numerous workshops on assessments

**ACQUIRED BRAIN INJURY, NEUROPSYCHOLOGY and REHABILITATION**

* Foundations of Neuropsychology and the neuropsychological correlates of learning disabilities course work
* Neuropsychology laboratory assistant and psychometrist (2 years)
* Neuropsychological screening experience in a mental health clinic
* Extensive development of clinical skills to interpret and apply the results of neuropsychological assessments for the individual and within the systems in which they are imbedded (i.e. school, home, and community) since 1980s
* Extensive community based assessment and treatment of acquired brain injury, learning disability and other conditions associated with brain functioning correlates
* Extensive development and implementation of computer based cognitive retraining models of treatment as wells as life skills training for acquired brain injury and learning disability populations

**EEG NEUROFEEDBACK AND BIOFEEDBACK**

* Doctoral academic training and practicum with Dr. Paul Swingle, C. Psych., (University of Ottawa), 1991
* Experience treating a wide variety of problems using biofeedback and neurofeedback since 1994
* Biofeedback Assisted Diagnostics and Psychotherapy Workshop with Dr. G.E. Sella (1996)
* Specialized EEG Biofeedback Workshop with psychologist Valdeane Brown (1998)
* Introduction to Neurofeedback treating attention deficit with Dr. L. Thompson, C. Psych., and Dr. M. Thompson, M.D., (2000)
* Winter Brain Conference in California, (2004)
* EEG Spectrum conference in Boston, (2003)
* Neurons and Neurotransmitters for Biofeedback & Neurofeedback Professionals, AAPB, (2009)
* Battle Trauma: Applications for Psychophysiology & Biofeedback, AAPB, (2009)
* Biograph Infiniti, Thought Technology, (2010)
* HRV Biofeedback, AAPB, (2010)
* Quantitative EEG (QEEG) and advanced neurofeedback therapy, California (2010)

**INDIVIDUAL CHILD and ADOLESCENT THERAPY**

* Education and training: Integrative Child psychotherapy model: Dr. A. Turguay, (University of Ottawa)
* Supervision and training in play therapy through Sudbury Algoma Hospital, Regional Children’s Psychiatric Center
* Play assessment and therapy experience since 1985
* Individual child therapy experience within the family therapy context since 1989
* Received extensive advanced doctoral training, supervision and academic formation in individual and family therapy focused on children and adolescents.
* Extensive Cognitive Behavioral Therapy and Systemic and Strategic Therapy training and experience.

**INDIVIDUAL ADULT**

* Received extensive advanced doctoral training, supervision and academic formation in individual adult assessment and therapy for both longer term and brief models of treatment involving Cognitive Behavioral Therapy, Systemic and Strategic Therapy, and Emotion Focused Therapy.
* Provided individual adult therapy within a private practice setting since 1994 and within the context of a child centered service since 1989.
* Advanced workshop on PTSD with Dr. Donald Miechenbaum

**HYPNOSIS**

* Ericksonian Hypnosis and psychotherapy with couples and Introductory courses, Ontario Clinical Hypnosis Society
* Extensive experience and academic formation in the use of hypnosis in family, individual and marital therapy. Extensive training in using trance work for pain control (chronic pain and child delivery), post-traumatic stress disorder, childhood disorders such as, phobias, encopresis, enuresis, performance anxiety, general anxiety, hysterical conversion, ego mastery, stress management and smoking cessation.

**EYE MOVEMENT DESENSITIZATION AND REPROCESSING**

* Level 1 certification received in 1995
* Level 2 certification received in 1997
* Advanced training in 2008

**WORKSHOPS AND PRESENTATIONS**

* Neurofeedback and acquired brain injury
* Neurofeedback and emotional adjustment, attention and sleep disorders
* Adjustment to chronic illness
* Anxiety and learning
* Learning disabilities